



# October 2020

**UConn** | COLLEGE OF AGRICULTURE,  
HEALTH AND NATURAL RESOURCES  
EXTENSION

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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We want to see all of the great things you are doing this month! Feel free to share some of the activities you have completed and things you have learned on the UConn 4-H Facebook and Instagram pages. Please include #UConn4-HSTEM with your posts.

				1 <b>World Vegetarian Day</b> Eat one vegetarian meal today.	2 <b>World Smile Day</b> Give 3 compliments today.	3 <b>National Poetry Day</b> Write a haiku, sonnet, or acrostic poem.
4 <b>World Animal Day</b> Take a virtual field trip to the <a href="#">Smithsonian National Zoo</a> .	5 <b>World Teachers' Day</b> Share your appreciation for your teachers.	6 <b>National Mad Hatter Day</b> Make a <a href="#">Mad Hatter Paper Hat</a> .	7 <b>National Pumpkin Seed Day</b> Make a <a href="#">geoboard</a> using golf tees or push pins.	8 <b>World Sight Day</b> Experiment with this <a href="#">pumpkin optical illusion</a> .	9 <b>Curious Events Day</b> Investigate curious events, including UFO sightings and the Bermuda Triangle.	10 <b>World Mental Health Day</b> What are some ways to support your mental health?
11 Observe <a href="#">water travelling through leaves</a> .	12 <b>Farmers' Day</b> Try to <a href="#">regrow a vegetable from scraps</a> .	13 <b>National Fossil Day</b> Research fossils in CT.	14 <b>National Dessert Day</b> Use your engineering skills to <a href="#">stack apples</a> , then cook them for dessert!	15 <b>Global Handwashing Day</b> Investigate germs with this <a href="#">apple activity</a> .	16 <b>World Food Day</b> Try one of these <a href="#">My-Plate snack tips</a> .	17 <b>National Pasta Day</b> <a href="#">Construct a bridge using spaghetti</a> .
18 <b>National Cupcake Day</b> Use cupcake tins in this <a href="#">egg drop experiment</a> .	19 <b>National New Friends Day</b> What are some ways to reach out to new friends this week?	20 <b>National Day on Writing</b> Write a Halloween story, then illustrate it.	21 <b>National Apple Day</b> What is your favorite type of apple?	22 <b>National Color Day</b> Glue layers of colored tissue paper together to experiment with color.	23 <b>National Mole Day</b> Celebrate chemistry and Avogadro's number, which is $6.02 \times 10^{23}$ .	24 <b>United Nations Day</b> Travel around the world by listening to different types of music.
25 Complete an online <a href="#">coding project or puzzle</a> .	26 <b>National Pumpkin Day</b> Carve a pumpkin!	27 <b>National Black Cat Day</b> What are some superstitions that you know of?	28 <b>National First Responders Day</b> Thank a first responder.	29 <b>National Oatmeal Day</b> Make <a href="#">clay using oatmeal</a> and paint it.	30 <b>Candy Corn Day</b> Build a candy corn catapult using pencils, rubber bands, and a spoon.	31 <b>Halloween</b> What is your favorite Halloween costume?