As part of UConn, 4-H and the Expanded Food and Nutrition Education Program (EFNEP) strive to provide Connecticut’s youth with access to research-based, age-appropriate education equipping them with the tools to reach their full potential.

The mission of 4-H is to assist ALL youth ages 5-18 in developing leadership and life skills, as well as acquiring knowledge while forming attitudes to enable them to become self-directing, productive and contributing members of their families and communities.

UCONN 4-H AND EFNEP REACH CONNECTICUT YOUTH
- Serve over 19,000 young people annually
- Reach urban, suburban and rural youth
- Cater to diverse audiences in a variety of settings across the state
- Bring top quality, educational programming to people where they live and learn
- Connect the state’s youngest residents to UConn and its ongoing mission
UConn 4-H and EFNEP programs strive to reach residents young and old through a variety of delivery models in many different settings throughout Connecticut and beyond. Below are some of the ways we work to meet the needs of the youth and families we serve every day.

- Community based clubs & independent study
- Seasonal 4-H residential and day camp programs
- Family support programs
- Virtual programming and online connections

- In school clubs
- Afterschool clubs
- Special interest, educational programs
- Homeschool organizations and family outreach

- Local recreation depts & public library programs
- Partnerships with community organizations
- Municipal government and public agency outreach
- Hospitals and community health departments

**UConn 4-H is here for ALL of Connecticut’s kids!**

UConn 4-H provides opportunities for youth to learn by experiencing first hand. The 4-H motto of “Learn by Doing” is realized from urban centers to rural farms throughout Connecticut. 4-H members are encouraged to discover through emersion, whether it is learning coding by building a robot or experiencing agriculture first hand through a schoolyard garden.

The 4-H mission mandates of STEM, Healthy Living, and Civic Engagement are expressed by more than 100 project areas that 4-Hers can choose from to focus their energy and talents on.

Since 1902, 4-H has welcomed young people of diverse backgrounds to explore ways they can interact with the world around them. With the guidance of dedicated adult leaders and peer mentors, 4-Hers continue to be a voice of positive and proactive change today and for years to come.

For more information on how you can make a positive difference for youth, contact your county Extension 4-H Office or the State 4-H Office at 4-H@uconn.edu.

**UConn 4-H is an Equal Opportunity Program Provider**

“Talent is everywhere, Opportunity is not.”